

SINDH INSTITUTE OF PHYSICAL MEDICINE & REHABILITATION HEALTH DEPARTMENT, GOVERNMENT OF SINDH

UNDERGRADUATE PROSPECTUS Session: 2021-22





ADMISSIONS IN

Doctor of Physical Therapy (DPT) 5 Years Program BS. Occupational Therapy (BSOT) 4 Years Program BS in Prosthetics & Orthotics (BSPO) 4 Years Program BS in Audiology & Speech Language Therapy (BS-ASLT) 4 Years Program



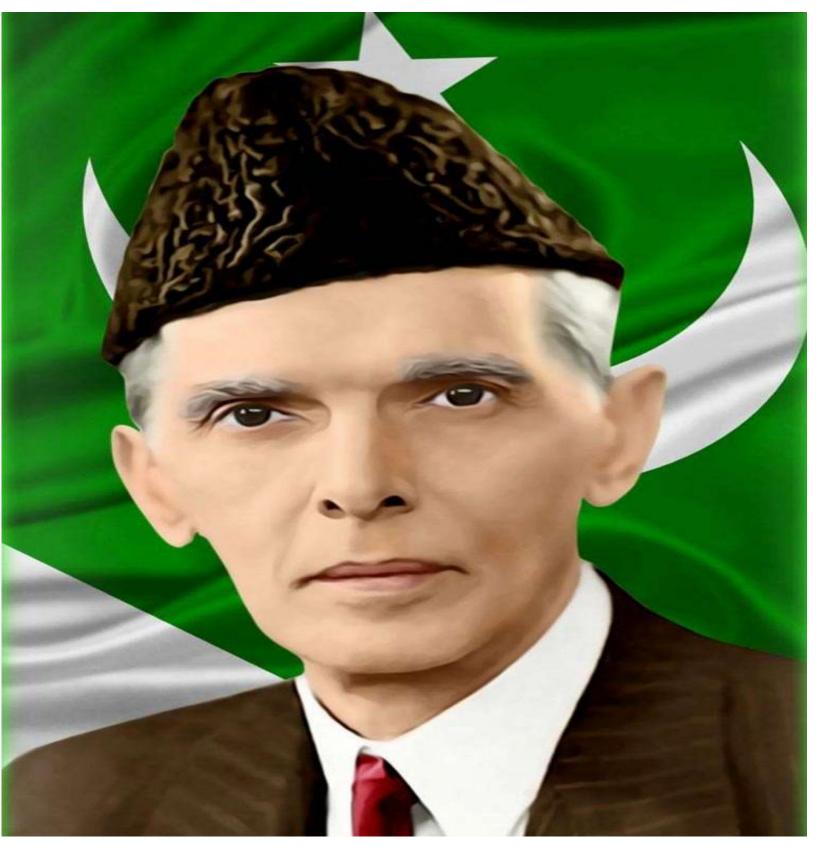




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QUAID-E-AZAM MUHAMMAD ALI JINNAH FOUNDER OF PAKISTAN



SYED MURAD ALI SHAH HONORABLE CHIEF MINISTER OF SINDH

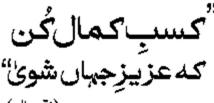




CHIEF MINISTER'S SECRETARIAT, SINDH, KARACHI

MESSAGE

"My interest with the first ever civilian Institute of Physical Medicine & Rehabilitation is from its inception back in 2007 and since that time, it has grown significantly. It is a matter of immense pleasure & satisfaction that the Govt. of Sindh has succeeded in establishing the first ever Sindh Physical Medicine & Rehabilitation Institute. I congratulate Executive Director, Prof. Dr. Nabila Najam Soomro, and her team for this formidable success and for achieving many milestones in a short span of time. I am confident that by the grace of Almighty Allah, this institute will emerge as one of the most vibrant, dynamic and valued institutes in the region and continue to serve the humanity and achieve greatness."



(اقـبال)

"Achieve Excellence And You Will Be The Beloved Of The World."

DR. AZRA FAZAL PECHUHO HONORABLE HEALTH MINISTER SINDH





HEALTH DEPARTMENT'S SECRETARIAT, SINDH, KARACHI

MESSAGE

Iwould like felicitate the Executive to Director. Prof. Dr. Nabila Soomro, and faculty of Sindh Institute of Physical Medicine and Rehabilitation on its first announcement of admissions as a degree awarding institute. Health Department Government of Sindh feels pride in facilitating in the establishment of SIPM&R as the institute holds uniqueness in its reputation in terms of respect and dignity. SIPM&R is first of its type in the province of Sindh which not only provides comprehensive rehabilitation facilities to disabled patients but also produces rehabilitation experts who work as a multidisciplinary team in the society and play a crucial role in community rehabilitation. In the end, I wish this institute to be committed to continuing and expanding its reputation for excellence in all aspects."

Verily with every hardship comes ease

PROFESSOR DR. NABILA NAJAM SOOMRO HONORABLE EXECUTIVE DIRECTOR OF SIPM&R



MESSAGE BY HONORABLE EXECUTIVE DIRECTOR

EXECUTIVE DIRECTOR, SINDH INSTITUTE OF PHYSICAL MEDICINE & REHABILITATION PROFESSOR DR. NABILA NAJAM SOOMRO

Welcome to the Sindh Institute of Physical Medicine and Rehabilitation, the leading and only civilian multidisciplinary rehabilitation Institute in the region which has a solid past and an exciting future. The field of physical medicine and rehabilitation is relatively young and growing in our country. An increasing number of people with disabilities are demanding reasonably good quality of life which is only possible when health care practitioners and society have a general understanding of the field and the integral role of its practitioners.

SIPM&R has developed over time and now proudly offers a full range of educational programs with experienced multi-disciplinary faculty under one roof that will provide you with rigorous academic, clinical and research experiences in a prestigious facility. Additionally, it is the first Institute in the province to be accredited by the College of Physicians and Surgeons of Pakistan for residency training in this specialty. The academic services of the Institute include residency in physical medicine and rehabilitation and degree programs in Physical Therapy, Audiology & Speech Language Therapy, Occupational Therapy, and Prosthetics & Orthotics.

We are excited to welcome prospective students who choose to enroll themselves in one of our offered programs in the quest to becoming a leading professional in the field of Physical Medicine & Rehabilitation and Allied Health Services.

MESSAGE BY ADDITIONAL EXECUTIVE DIRECTOR



DR. SYED IMRAN AHMED MBBS, FCPS ADDITIONAL EXECUTIVE DIRECTOR SINDH INSTITUTE OF PHYSICAL MEDICINE AND REHABILITATION

It gives me immense pleasure to write this message for those students who are willing to get admissions into the course of Doctor of Physiotherapy, BS Occupational Therapy, BS Prosthetics & Orthotics and BS in Audiology & Speech Language Therapy at one of the premier, pioneering and prestigious institution in the field of medical education.

Sindh Institute of Physical Medicine & Rehabilitation (SIPM&R) also has the honor & privilege of being the first institute in the Public sector of Pakistan that has produced a large population of medical graduates & postgraduates who are providing medical services all over the world. SIPM&R was established in 2007 at Karachi to fulfill the extensive demand of students in the field of rehabilitation but also to meet the requirement of services for patients who are in dire need of rehabilitation services for a variety of conditions varying in age, athletic ability, activity level, and are responsible for treating a wide spectrum of health conditions-both acute & chronic.

In today's rapidly changing world, advancement and development have paramount importance. Studying at SIPM&R in dual disciplines will offer you a challenge & inspire you to be a skilled & extremely knowledgeable person in related field.

I hope your time here at SIPM&R will help to provide a foundation on which you will make your contributions to a better future for yourselves and the generations ahead. I, being the Additional Director of this Institute welcome you to be the student & alumni of this prestigious Institute & acquire knowledge & skills in the field of Physiotherapy, Occupational Therapy, Prosthetics & Orthotics and Audiology & Speech Therapy.

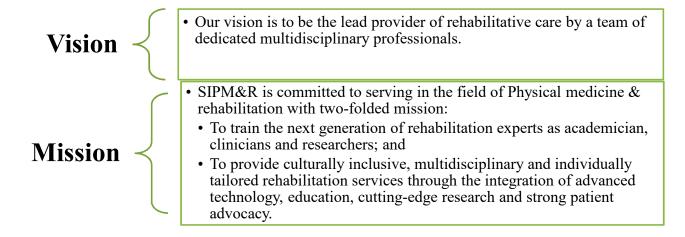
General

In our country, rehabilitation medicine is a young and growing field and the Sindh Institute of Physical Medicine and Rehabilitation (SIPM&R) is the only first civilian institute in Pakistan offering multidisciplinary rehabilitation services since 2007. Previously, the Institute was part of the Dow University of Health Sciences since its inception; however, the Institute has now been re-constituted as an autonomous body by the Government of Sindh.

Physical Medicine and Rehabilitation (PMR) is a conceptually and philosophically sound branch of Medical Science which is primarily aimed at restoring a person who has suffered physical impairment, functional limitation or participation restriction to his / her fullest functional potential depending on his / her desires and life plans. This necessitates the integrated functioning of many inter-related Allied and Health specialties like Physiotherapy, Occupational Therapy, Prosthetics & Orthotics, Neuropsychology, Autism, Audiology and Speech Language Pathology, Learning Disabilities and Cardiac rehabilitation etc. under one roof of Rehabilitation. There is an immediate need for more number of trained and dedicated Allied and Health professionals; hence SIPM&R offers DPT, BSOT, BSPO and BS-ASLT programs.

The students who are electing to pursue a career in these fields at the Institute will be provided high quality training programs to enable them to practice their discipline whilst managing rehabilitation issues of individuals of all ages, bearing in mind ethical considerations, evidence based guidelines and above all, being a valuable rehabilitation team member.





Core Values

- **Integrity:** Foster an environment of honesty, sincerity and trust in which we hold ourselves to the highest ethical standards.
- **Excellence:** Provide an experience that makes a positive difference in the lives of our faculty, patients and students and strive for
- Diversity: the very highest of standards in everything that we do.
 Diversity: A broad diversity of people and ideas are welcomed and supported as essential for quality education in a globally independent society. Students will have reasonable and affordable access to a comprehensive range of high quality education programs and services.
- Leadership: Build on heritage by inspiring and developing future leaders in the field of rehabilitation.
- Innovation: Encourage and support faculty, staff and students in all forms of scholarships including the discovery and application of knowledge in teaching and learning and in developing innovative products and processes.
- **Respect:** Each person is to be treated with respect, dignity and equitably in all situations.

DOCTOR OF PHYSICAL THERAPY



MESSAGE BY HOD PHYSIOTHERAPY



DR. SAEED AKHTER -PT

Head of Department Physiotherapy Sindh Institute of Physical Medicine and Rehabilitation Master Degree in Physiotherapy-England SRPT, MCSP- England State Registered and Chartered Physiotherapist- England Ex Highly Specialist Physiotherapist & Team Leader NHS-England

Welcome to the Department of Physical Therapy at the Sindh Institute of Physical Medicine and rehabilitation. Whether you are looking for undergraduate or postgraduate level admission in Physical Therapy programs, we offer you to discover endless learning opportunities that persist here at SIPM&R.

Our Doctor of Physical Therapy (DPT) is intended to provide students with unparalleled knowledge and hands on skills required to meet competitive healthcare demands.

We are fortunate to have an excellent faculty with Master's degrees and intensive clinical experience in various areas of physiotherapy practice. The department is thoroughly committed to academic and clinical research and promotes evidence-based practice in the field of physiotherapy. A satisfactory proportion of our faculties have foreign qualifications with working experience including some PhD Scholars in the subject of Physiotherapy.

We have a State-of-the-Art Physiotherapy Clinical department equipped with latest technologybased therapeutic modalities and offering evidence based hands on techniques in the area of Musculoskeletal, Sports & Orthopedics, Neurology, Pediatric, Cardiopulmonary, Women health Physiotherapy, Gait and pain management with inpatient rotational practice in collaboration with a tertiary care hospital.

It is an honor to be working together to lead this outstanding department further by enhancing academic and clinical quality standards.

OVERVIEW:

We aim to provide a professional qualification of 5 years followed by 1 year of paid house job that is standard in today's national and international competitive job market. We promise an interactive teaching environment where every student feels valued and welcomed. We have a mix of faculty with foreign qualifications along with international research and clinical exposure that is engaged with high dedication to provide quality physiotherapy teaching. This 5 year course enables students to earn a high level, specialist qualification, acquiring clinical skills and teaching expertise to perform the best physical therapy practices in any part of the world. This qualification will prove valuable to anyone wishing to succeed in the world of physical therapy and students can look forward to a rewarding career, good salary, and a challenging and interesting role with great promotional aspects. Our graduates hold good places as registered, licensed practitioners in different parts of the world. We are proud to offer this program which offers great diversity and a wide range of career possibilities at both the national and international levels.

PROGRAM OBJECTIVES OF DOCTOR OF PHYSICAL THERAPY PROGRAM SHOULD ENABLE THE STUDENTS TO:

- 1. Apply in-depth knowledge of the basic and clinical sciences relevant to the physical therapy in patient care.
- 2. Acquire basic skills such as presentation skills, clinical education, designing and disseminating research knowledge and integrating into selective teaching strategy into classroom and clinic.
- 3. Recall and utilize critical thinking and problem solving skills to establish and promote innovative evidence based practice in the delivery of health care.
- 4. Demonstrate high level of professionalism, clinical skills, and unique abilities and enhance their personal and professional growth as a lifelong learner.
- 5. Analyze the core concepts of clinical ethics and law to place in context with the social, economic and cultural issues of practice and effectively employ professional accountability.
- 6. Use effective communication, counseling, information technology and management skills to take on leadership role in order to ensure patient safety and satisfaction and clinical productivity.

PROGRAM OUTCOMES:

On successful completion of this program Doctor of Physical Therapy graduates will:

- Demonstrate entry-level competence necessary to practice physical therapy as an independent member of the healthcare team in diverse settings.
- Employ effective leadership skills in the context of supervising, teaching and mentoring patients, families, peers, students and community.
- Exhibit contemporary expertise in clinical practice and conduct practical or practicebased tasks in a responsible, safe and ethical manner taking proper account of risk assessment and health and safety regulations.
- Develop cognitive and creative skills to review critically, analyze, consolidate and synthesize knowledge and judgment in identifying and solving problems with intellectual independence.
- Use communication skills to present a clear, coherent and independent exposition of knowledge and ideas.
- Demonstrate commitment to the profession by participating in professional organizations, scholarship, education, and advocacy and show responsibility and accountability for lifelong learning.

General information:

Course details

- Title : Doctor of Physical Therapy
- Credit hours : 175
- Duration : Five Years (Total 10 semesters)

Eligibility criteria: Candidate must be intermediate science, pre-medical with minimum 60% marks or must have taken an equivalent examination of a recognized university

Number of seats: Maximum 75 seats

Assessment method: All courses have continuous assessment during the semester that includes quizzes, assignments, and a mid-term and final examination.

Grading is absolute, no relative grading. Percentages are converted to GPA.

***** Achievements :

- Successfully completed 4 batches of DPT.
- Two of our DPT students have been selected for the USA semester exchange program.
- Alumni's of DPT have received shared commonwealth scholarship in Teesside University UK and the Annie Marie scholarship in the UK for higher studies. Many students have also received HEC merit & minority scholarships for under graduation.
- The first public sector institute to offer paid house job to all successful DPT graduates.

* Future prospects:

- DPT students may enroll in MS/ MPhil Physiotherapy in Pakistan or around the world.
- Employment opportunity is high in Pakistan and Middle East.
- They are entitled to appear for the license board examination in USA, Canada, Australia and England.
- Private practice and domiciliary services can be initiated by DPT students.
- Teaching / research areas are widely open for DPT graduates.

ALUMINI

I am the alumni of the first batch of DPT program by IPMR. After completing my DPT degree and house job provided by IPMR, I was awarded commonwealth scholarship in the United Kingdom for my masters. I am thankful to the teaching faculty of IPMR; now SIPM&R for their efforts and continuous support. We had a very healthy learning environment there, and almost all the classes were interactive. Best part were the practical sessions and the case studies that prepared us for our professional life.



I am 2017 DPT graduate from IPMR. I was selected as Annemarie Schimmel scholar in 2019, and I studied MSc amputation & prosthetic rehabilitation at the University of Southampton. I am currently serving as an educational officer at the British Association of chartered physiotherapists in amputation rehabilitation and leading a cause to bring the latest prosthetic fitting technologies in Pakistan.

I wish the best of luck to all prospective students at SIPM&R, and I encourage them to explore their interest within their fields and deploy their resources to achieve the best in their preferred professional life as the faculty at SIPM&R provides the best academic and personal support to make your dreams come true.



DR. MIDHAT (PT)

As a graduate of the DPT first batch, I can certainly attest to the powerful impact this university has had on my professional and personal life. Due in major part to the university's exemplary faculty, IPMR has empowered me to pursue a meaningful career as a Physical Therapist and currently as an Infection Preventionist at CDC. Being a student at IPMR has strengthened me as a therapist, and I am certain that my patient has been strengthened as a result. The message for the future IPMR students is you can't let others' opinions dictate how you're going to live your life and how you pursue your profession. You just have to go and do it. You have to be assertive, be decisive, be confident in yourself, and know that your decisions are the best.



I am Dr. Maryam Misal Khan (PT) graduate of Doctor of Physical Therapy from the Institute of physical medicine and rehabilitation in 2019 and currently working as a Lecturer and Physiotherapist in Bhitai Institute of Physiotherapy and Rehabilitation Sciences, Mirpurkhas. IPM&R has shaped and lead me in whatever I have achieved and gained throughout my academic life. Whether it was my Undergraduate Semester Exchange Program in Northern Michigan University, United States, my participation on several social platforms, or my skill development related to the field of physical therapy, IPM&R has always supported and enhanced the expertise of their students for their better future and upcoming careers.



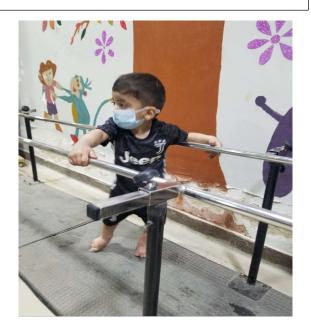
DR. MARYAM MISAL KHAN (PT)

CLINICAL FACILITIES

NEURO REHABILITATION



PEDIATRIC REHABILITATION



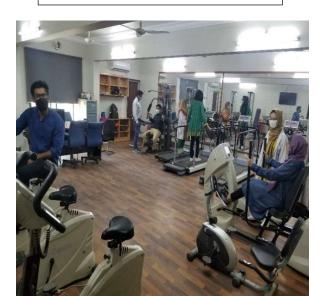


GAIT TRAINING

MUSCULOSKELETAL REHABILITATION



CARDIAC REHABILITATION



BS. OCCUPATIONAL THERAPY (BSOT)











MESSAGE BY HOD OCCUPATIONAL THERAPY



MS. SHAHIDDA ZAKIR KHAN Head of Department Occupational Therapy

It is my proud privilege to introduce the Department of Occupational Therapy at the Sindh Institute of Physical Medicine & Rehabilitation (SIPM&R). The Institute was established in 2007 with the department of Occupational Therapy being the very first to dispense its services under the umbrella of SIPM&R.

Over the years, demand and awareness of Rehabilitation, Physical and Psychosocial alike has increased, Occupational Therapy has become the focus to all concerned. What makes Occupational therapy unique is its most important role in the rehabilitation of the psychologically disturbed people along with the physically traumatized people.

Musculoskeletal and Neurological Disorders, Paediatrics, Geriatrics, management of OT services, innovative adaptive devices, community-based rehabilitation, home modification and wheel chair modification are the major evidence based hand on training areas of Occupational Therapy.

Sensory integration, training in ADL and IADL, habilitation and re-habilitation of children, school based education program, restoration of adult physical loss due to any reason and psychological intervention regarding psychiatrically disturbed people are the major challenges taken up by Occupational Therapists.

A continuous process of evaluation of research based Occupational Therapy curricula keeps it updated and equally competitive to meet the international standards of education in Occupational Therapy.

During recent years, more and more students are attracted towards the profession and SIPM&R has taken the lead role to produce quality professionals. The qualified Occupational therapists are not only serving the community nationally but are in great demand in many other countries as well.

SIPM&R welcomes students to enrol themselves in the four year BSOT program to become the finest professionals ready to serve people within the country and abroad.

OVERVIEW:

Sindh Institute of Physical Medicine & Rehabilitation (SIPM&R) was established in 2007 for multi-disciplinary rehabilitation of disabilities. School of Occupational Therapy was established to award Bachelor's degree in Occupational Therapy. The first batch was enrolled in 2007 and passed out in 2011. The Department Of Occupational Therapy is committed to providing an undergraduate education program that produces qualified, ethical entry-level professionals competent to deliver Occupational Therapy services to the disabled community in Pakistan primarily, and abroad. Our mission is to produce graduates who will improve lives of disabled through caring attitudes and respect for dignity of all clients. The department is concerned to develop among students an understanding of health care and education system. Also the department is committed to develop among the students best skills in communication, clinical reasoning, and ethical competence to become good decision makers. Consistent with their communication to lifelong learning, the department provides education with emphasis on leadership and research skills.

PROGRAM OBJECTIVES:

The principal objectives of the Occupational Therapy Program are:

- 1. To produce well trained, competent, and caring therapists;
- 2. To develop professional behavior among the students, that is in concert with the Standards and ethics of Occupational Therapy practice;
- 3. To equip the students to identify and examine performance in areas of occupation (Activities of daily living, Instrumental activities of daily living, education, work, Play, leisure and social participation);
- 4. To provide knowledge to develop an intervention plan based on clients' assessment, goals setting with priorities and expected outcomes;
- 5. To make the students able to identify, interpret and use oral, written and Nonverbal communication skills that is effective within diverse situations;
- 6. To prepare the students to use clinical reasoning and apply research evidence in Client-centered practice;
- 7. To enhance the skills for participation as proficient member of a group for designing and implementing a beginning- level, practice –related research project; and
- 8. The commitment to make sure that the health needs of disabled Pakistanis are addressed through health professional partnerships.

PROGRAM OUTCOMES:

On successful completion of this program an Occupational Therapist will be able:

- To understand the general health needs of people in Pakistan;
- To develop professional skills in the area of assessment and treatment of persons with disabilities;
- To understand to use dynamic components of activities and how it endeavors to make daily routine activities accessible;
- To practice as Occupational Therapists in order to meet the challenges of changing occupational, health and disability needs within our society and abroad as the need may be;
- To understand how persons with their disabilities are restricted in their actions as well as how the consequences of these restrictions affect their daily lives and their continuing development;
- To identify and examine the occupational profile of the client (occupational history and experiences, patterns of living, interests, values and roles) and the client's occupational performance (performance skills, performance patterns, contexts, activity demands and client factors);
- To use accepted standards to guide and account for their actions;
- To practice through rigorous questioning, investigating and validating information;
- To analytically understand published literatures and carry out literature search and critically analyzing the social and cultural usefulness on Pakistan health system; and
- To write a research proposal.

GENERAL INFORMATION:

Course details

- Title: Bachelor of Occupational Therapy.
- Credit hours : 133
- Duration : Four Years (Total 08 semesters)

Eligibility criteria: Candidate must be intermediate science, (pre-medical) with minimum 60% marks or must have taken an equivalent examination of a recognized university

Number of seats: Maximum 25 seats (Open Merit)

ACHIEVEMENTS:

Students and faculty members are involved in curricular and extracurricular activities to achieve the goals as:

- Yearly basis participation in DICE (Distinguish innovation collaboration and entrepreneurship) to present the innovations as adaptive devices, modified grippers other ideas by ADL TEAM.
- ADL team won the special prize in DICE 2016 adaptive devices and in DICE 2017 for innovation of modified cutlery.
- Participation of faculty in three year research project (2015-2017) by collaboration with Brunel University of London on, "Role of occupational therapy in inclusive education" and finally developed a resource guide.
- Collaboration with Jefferson school of health professionals, Philadelphia (in progress) as data collection in relation to sensory integration.
- Development of Cerebral Palsy Resource Centre (CPRC).
- Working on home modification as community based services, initial step by team of ADL as innovation in Pakistan at the platform of SIPM&R.
- Able to design and provide modified assistive tools according to the needs of client's limitations and needs
- Initiated the step to work on Rheumatoid Arthritis education and also provide devices as work simplifications.
- Best prize won by student in all Karachi debate competition, 2019.
- 1st national Occupational therapy conference was held in 2018, as big achievement of the faculty.
- Best research article won by faculty member in 1st National Occupational therapy conference.
- Faculty is involved in national and international publications and to conduct workshops and trainings.
- Yearly basis exhibition is organized to present the student made innovative and creative projects as their learning outcomes.
- Working to design and provide modified CP chairs according to client's need.
- Wheel chair modification by certified trained faculty.
- Yearly basis workshop on mental health and occupational therapy for students as mandatory part of training.

FUTURE PROSPECTS:

Occupational Therapists are in great demand and may find work in various places, including but not limited to the following:

- Hospitals
- Special Schools
- Rehabilitation Centers
- Inclusive Educator in Main Stream Schools
- Geriatric Setting
- Day Care set up for the differently able persons.
- Private Practice and domiciliary services
- Housing and Home Modification
- Psychiatric Rehabilitation Settings
- Community Based Rehabilitation
- Home visits

ALUMINI

I graduated from SIPM&R in 2014, with a Gold medal distinction in BS Occupational Therapy. I exceled as an Occupational Therapy student while working in various settings during training. This has helped me to excel as an occupational therapist in future as well. I am grateful to all my teachers and mentors to have always been there for me. It is also my proud privilege to have been a part of such an esteemed institute.



BAKHTAWAR SALEEM BS –OCCUPATIONAL THERAPY GRADUATED 2014 I am proud to say that I am an alumni of Department of Occupational Therapy SIPM&R. Our faculty was supportive and has helped me to sharpen my clinical and interpersonal skills. The clinics (Sensory unit, ADL, Pediatric and adult) provided extensive training and opportunities which have helped me to work nationally and internationally as a successful Occupational therapist. I am very much grateful to the INSTITUTE to have provided me the best opportunities to excel and succeed in my career."



SYEDA JAWARIA BS –OCCUPATIONAL THERAPY BATCH 2007 2011

CLINICAL FACILITIES

CLINICAL FACILITIES:

- Pediatric Rehab
- Adult Rehab
- Activities Of Daily Living (ADL) Training
- Sensory Rehabilitation And Facilitation
- Therapeutic Activities And Their Techniques (TAT) Lab













BS PROSTHETICS & ORTHOTICS





KAMRAN YOUSUF SIDDIQUI Head of Department

Prosthetics and Orthotics

The Department of Prosthetics and Orthotics has recorded consistent improvement in its academic, research and placement performance. It offers a range of innovatively designed programs whose curricula are constantly updated to meet the changing requirement of the industry and other stakeholders.

We believe that our students have been well accepted in their job profiles and have consistently exceeded expectations of the corporate world.

During study at the department, students are encouraged to get hands-on experience in the corporate world through internship projects with reputed organizations. In their curriculum, they are encouraged to take up mini projects to supplement theoretical knowledge with practical experience. These projects enable them to understand the relevance of working in a group and also help them to realize the finer aspects and importance of teamwork.

With all these inputs, one finds our students hardworking, practical-oriented and effective in any work environment. We have designed our syllabus to strike a balance between professional knowledge and personal skills. We are confident that our current curriculum has enabled the overall development of budding managers to come up with the expectations of the corporate world.

The curriculum is taught by distinguished faculty combining academic excellence and real-world experience with dedication and commitment.

We are encouraged to see many industries coming back to our department, which reinforces our belief in the effectiveness of our curriculum and its suitability to meet the dynamic corporate world.

With this brief introduction, I welcome you to be a part of our journey towards being a worldclass center of excellence in education, training, and research.

BS PROSTHETICS & ORTHOTICS

Overview:

The Sindh Institute of Physical Medicine and Rehabilitation (SIPM&R) came into being in 2007 at Karachi for multi-disciplinary rehabilitation of disabilities. The Department of Prosthetics and Orthotics was established under the umbrella of SIPM&R at the same time. School of Prosthetics & Orthotics was established for the first time in Sindh for Bachelor's degree in Prosthetics and orthotics. The first batch was enrolled in 2008 and graduated in 2012.

Prosthetics are artificial limbs (prostheses) to enhance the function and lifestyle of persons with limb loss. The prosthesis must be a unique combination of appropriate materials, alignment, design, and construction to match the functional needs of the individual.



Orthotics is made with precision and creativity; they are designed and fabricated external braces (orthoses) as a part of a patient's treatment process that are used to stabilize or unload joints, normalize motion and stresses on tissue, substitute for muscle weakness or paralysis. Orthoses can be applied to the head, neck, trunk or limbs.





New design innovations and advances in technology offer dramatic benefits to people who use prostheses or orthoses. For example, advanced prosthetic knees can be controlled by microprocessors that improve gait stability and walking pattern efficiency. Orthoses equipped with Bluetooth devices can electronically interface with nerves to enhance motor control.

Our faculty is made up of expert clinicians with advanced degrees who are committed to advancing the profession of prosthetics and orthotics and mentoring those who will become the new professionals of tomorrow. Additionally, our smaller classes allow the faculty to devote more attention to students, getting to know you personally and understand your career goals.





OBJECTIVES OF PROSTHETICS & ORTHOTICS PROGRAM:

The principal objectives of the Prosthetics & Orthotics Programme are:

- To produce well trained and caring P & O (Prosthetist &Orthotist).
- To develop among the students, professional behavior that is in concern with the standards and ethics of Prosthetics & Orthotics practice.
- To provide knowledge to the students to develop an intervention plan based on:
 - a) Patients assessment
 - b) Patients goals and priorities
 - c) Patients discharge needs
 - d) Expected outcomes
- To make the students able to identify, interpret and use oral, written and nonverbal communication skills that are effective within diverse situations.
- To prepare the students to use clinical reasoning and research evidence in client-centered practice and to make the students able to read and understand current research that effects the practice and provision of Prosthetics & Orthotic services.

- To enhance the skills in students necessary to participate with a group in designing and implementing a beginning-level, practice related research project.
- The commitment to ensuring that the health needs of disabled Pakistanis are addressed through professionals partnerships.

PROGRAM OUTCOMES:

On successful completion of this program, Prosthetics and Orthotics graduates will be able to:

- Perform comprehensive patient evaluation, including history-taking, physical exam, biomechanical analysis, and outcome measures;
- Determine the design and appropriateness of orthotic and prosthetic intervention based
- on a patient-centered approach to decision-making;
- Show competence in the implementation and follow-up of the designed intervention while demonstrating safe practice of self and others;
- Document orthotic and prosthetic treatment encounters and communication with healthcare providers in compliance with ethical, state, and federal guidelines;
- Communicate with patient, family members and healthcare providers in a way which provides clear education and professional description of patient status, treatment recommendations, and patient goals;
- Critically assess peer-reviewed evidence, understand the complexities of the research process, and align empirical evidence with treatment decisions;
- Demonstrate an ability to navigate the modern healthcare system, including medical records, third party payers, and healthcare teams;
- Articulate compassion and empathy for patients, regardless of condition, race, ethnicity, cultural background, or any other demographic;



GENERAL INFORMATION: Course Details:

- Title of Degree program:
- Duration:
- Total Credit Hours:

BS in Prosthetics and Orthotics Four years (08 Semesters) 134 Credit Hours

Eligibility Criteria:

Candidate must be intermediate science, pre-medical or / pre-engineering group (Biology/Mathematics, Physics, and Chemistry) with minimum 60% marks or must have taken an equivalent examination of a recognized university

Number of seats: Maximum 15 seats

Assessment method: All courses have their continuous assessment during the semester that includes quiz, assignments, mid-term examination, and a final examination.

Grading is absolute, no relative grading. Percentages are converted to GPA.

Accreditations

The Curriculum is recognized by HEC. Revived & Approved by Physical Rehabilitation Training Coordinator, International Committee of the Red Cross (ICRC).

MOU of ICRC & Prosthetic & Orthotic, SIPM&R

Memorandum of understanding for Educational and Clinical Support in Prosthetics and Orthotics between International Committee of Red Cross (ICRC) & School of Prosthetic & Orthotic, SIPM&R

Future prospects:

Prosthetist and Orthotist work largely with health care professionals like orthopedicians, neurologists, and spinal surgeons, multinational companies, rehabilitation centres, hospitals and academic institutions. They can also set up their private practice, work as service and training providers as well as in a research team.

ACHIEVEMENTS

- Successfully graduated 9 batches of P&O.
- Department of Prosthetics & Orthotics, in a short time span of time, have delivered more than 13,000 artificial limbs and body supports mostly free of charge.
- Our graduates have been selected for jobs in KSA.
- Alumni of P&O have received indigenous scholarship from HEC and many students have acquired HEC merit and/or minority scholarships for under graduation.
- Department of Prosthetics & Orthotics has the latest German machines, certified prosthetists & orthotists, proper labs, gait training and specialized physiotherapists.
- Community based Rehabilitation program in Thatta in collaboration with CHAL foundation provided 30 limbs to limbless people in January 2012.
- Arranged a press conference for delivery of triple limbs amputee in presence of Deputy Speaker Shehla Raza and Information Minister Raza Haroon on 14th September 2008
- Community based Rehabilitation program in Larkana in collaboration with Sindh Government provided 30 limbs to limbless people in January 2019
- Community based Rehabilitation program in Badin in collaboration with Sindh Government provided 90 limbs to limbless people in August 2019.
- Memorandum signed between ICRC and IPM&R to reinforce School of Prosthetics & Orthotics for guidance and support in infrastructure up grading, faculty upgrading, physiotherapist training, assistive devices and ponseti training, August 2015.
- Speaker Sindh assembly Nisar Khoro visited the Institute of physical medicine & Rehabilitation to appreciate the work done for physical disabled person.
- MOU between The World Health Organization and Institute of Physical medicine & Rehabilitation, DUHS for the project "Improving the quality of life children suffering from polio related physical disabilities" (March 2012

ALUMINI

Graduates from the Department of Prosthetics and Orthotics are a valuable part of our alumni. They are working on exploring the world of P&O in Pakistan as well as abroad.

• IMRAN SADIQ



Job Title: Prosthetist and Orthotist, King Faisal Specialist Hospital and Research Center Riyadh, Saudi Arabia

• MUHAMMAD UMAIR SHARIF



Job Title: Centre Manager Rehabilitation. The Indus Hospital, Karachi

"The faculty clearly demonstrates the program's mission every day. They teach us to treat every patient with compassion and that comes through in all encounters."

CLINICAL FACILITIES

UPPER LIMB ORTHOTICS LOWER LIMB ORTHOTICS UPPER LIMB PROSTHETICS LOWER LIMB PROSTHETICS SPINAL ORTHOTICS













BS AUDIOLOGY & SPEECH LANGUAGE THERAPY





MESSAGE BY HOD SPEECH & AUDIOLOGY

Hello!

On behalf of all our Staff, I welcome you to the Department of Speech Language Pathology and Audiology (SLP&A) at the Sindh Institute of Physical and Medicine Rehabilitation (SIPM&R). I firmly believe that the strength of any entity lies with the quality of its people, and in this area we truly shine. We have a team of highly skilled, dedicated and trained professionals that represent the vast diversity of the field. Because of this and our commitment to the people, we serve, we will transcend any challenges.

I would like to thank the Sindh Government in taking the initiative of establishing this facility where all rehab services are provided under one roof at very low cost, hence opening the opportunity for the masses, wherein these services were affordable to only few in the past.

Keeping this vision in mind, we plan to provide services at par with the international standards without any discrimination to race, age, religion and socioeconomic status.

Our soon to be launched Early Intervention program aspires to enroll At Risk Children from the very beginning with the philosophy of "no child left behind" and "prevention before treatment".

We are also looking forward to starting instrumental procedures and assessments and treatments in our near future again at very affordable prices. (Modified barium Swallow Study & Fiber optic Endoscopic Evaluation of Swallow)

In executing all our endeavors and standardizing the excellent care, a need for very well trained future Speech Language Pathologists and audiologists was not overlooked; therefore an academic program is also being launched.

We are proud to announce that from the platform of the SIPM&R a world class undergraduate program in Audiology and Speech Language Therapy will be started from this year.

We also plan to continue to raise the awareness in the masses so they can seek help as soon as possible for the best possible outcomes.

In short, I am pleased with where our department stands today, excited about where we are heading and optimistic about what our future holds. I am certain that as a team we will go the extra mile to uphold the standards of the SIPM&R and have global recognition as leaders in sustaining excellence and advancement of the Pakistani SLPs and Audiologist.

Regards,

Amber Rahman Hassan

MS, CCC-SLP

Overview of the Bachelors of Audiology and Speech Language Therapy (BS-ASLT):

We are proud to announce that for the first time SIPM&R is introducing an undergraduate program in Audiology and Speech Language Therapy. As the number of differently abled people, as well as, acquired language, swallowing and hearing issues are increasing it is the dire need of the hour to increase the services also to meet the demand. For optimum services we need highly qualified and well trained professionals. Our 4 year undergraduate program aims to build a solid base for future clinicians and researchers for best and evidence based practices.

We are looking forward to provide 4 years of intensive and interactive course work with hands on practicums in par with international standards. In addition, mandatory externships in the last year will further prepare our students to confidently enter their professional lives and their clients will be better served because of it.

Program Objectives:

The Audiology & Speech-Language Therapy undergraduate program provides explicit background in the theoretical and clinical areas necessary for graduate study. Students will learn foundational knowledge for understanding human speech, language, swallowing, hearing, and balance processes, with a particular eye toward the implications of differences and disruptions in the communication systems associated with disorders. Although students across any of the concentrations can pursue the graduate study and pre-certification requirements associated with becoming an audiologist or speech-language pathologist, the Speech-Language Pathology concentration is the one most directly associated with opportunities for clinical practice in speech-language pathology and audiology.

Students learning goals and objectives:

- Students will learn the concepts, theories, and findings pertaining to human communication in preparation for graduate study in speech-language pathology or audiology.
- Demonstrate knowledge of the general principles of prevention, assessment, and intervention of speech, language, swallowing, and hearing disorders, including consideration of anatomical, physiological, psychological, developmental, linguistic and cultural correlates across the life span
- Describe and explicate basic human communication processes including anatomy, physiology, and neurobiology of speech, language, swallowing, and hearing.
- Use and analyze data from a wide range of physiologic, behavioral, and neurophysiological methods to describe speech, language, swallowing, and hearing disorders across the life span.
- Explain how individual, cultural, and linguistic differences contribute to our understanding of language and communication.
- Apply critical thinking and problem-solving skills and their role in evidence-based practice to issues in speech, language, swallowing, and hearing disorders.
- Demonstrate knowledge of professionalism and ethical standards as they apply in working with people with speech, language, swallowing, and hearing disorders.

Program Outcomes:

Upon successful completion of the program, students will be able to:

- 1. Demonstrate entry-level competence necessary to practice Audiology or Speech independently in any healthcare system or school or other diverse work places.
- 2. Demonstrate knowledge of basic human communication, hearing, and swallowing processes, including the appropriate biological, neurological, acoustic, psychological, developmental, and linguistic and cultural bases.
- 3. Differentiate normal and abnormal human development across the lifespan:

a) Apply knowledge of anatomy and physiology to communication and swallowing processes.

b) Analyze a speech and language sample including acoustic, phonetic, phonological, morphological, syntactic, semantic, and pragmatic qualities from diverse populations across the lifespan.

- 4. Incorporate concepts of communication, hearing, and swallowing functions to communicate information regarding development, differences, and/or disorders, in oral and written form.
- 5. Evaluate client/patient data to produce oral and written technical reports, diagnostic and treatment plans, and professional correspondence.
- 6. Apply evidence-based research to support decision-making.
- 7. Describe the importance of ethical conduct and professional attitudes when communicating and collaborating with professionals across health and human service disciplines. Critically analyze conduct for ethical and professional behaviors for successful team relationships.



General Information:

Course details:

Title:	Bachelors of Science in Audiology and Speech Language Therapy
Credit Hours:	134
Duration:	4 years

Eligibility criteria

Inter-science and/or "A" levels with biology with at least 60 % marks or have taken an equivalent examination of a recognized University along with an entry test and interview (Weightage: 10% Matric, 30% Intermediate, 40% Entrance test and 20% Interview)

No. of Seats	Maximum 25 (open merit)	
Assessment Method	Assessment would be continuous throughout the semester via	
	quizzes, written or oral assignments, projects, mid-term	
	examination and final examination.	

Future Prospects:

Even at bachelor's level, the successful graduates of a well-rounded program like ours are in high demand both nationally and internationally in different settings. As Speech-language pathologists and Audiologists provide services in a wide variety of settings job opportunities are numerous and diversified. They may include but are not exclusive to

1. Public and private schools with resource classrooms and/ or inclusion system

2. Early intervention settings, preschools, and day care centers

3. Health care settings (e.g., hospitals, medical rehabilitation facilities, long-term care facilities, home health agencies, clinics, neonatal intensive care units, behavioral/mental health facilities)

- 4. Private practice settings;
- 5. Universities and university clinics
- 6. Individuals' homes and community residences
- 7. Supported and competitive employment settings
- 8. Community, provincial and federal agencies and institutions
- 9. Correctional institutions
- 10. Research facilities
- 11. Corporate and industrial settings

RULES & REGULATIONS RELATING TO DISCIPLINE, CONDUCT, SUSPENSION, ATTENDANCE AND GPA SYSTEM OF THE INSTITUTE

STUDENT'S CONDUCT RULES:

Applicable to the students of the institute:

- No students or group of students shall form society / association / organization.
- No outsider will be invited by the students to address any meeting at the Institute, whether academic, social religious or political (without prior written permission of the authorities). Decision of authorities will be final and taken on case to case basis.
- Students are not allowed to paste any poster, pamphlet or fix banners on the wall, Graffiti on walls (wall chalking) of the premises of the Institute be they academic, social, religious or political are also not allowed.
- If any student wants to publish his/her scientific or literary article, he/she must get the draft approved, by the authorities. They are also required to submit the copy of the final article/paper (to be published) for record purposes to the Institute.
- Smoking, pan chowing, littering, spitting and other activities, prejudicial to the conduct are prohibited in the classroom, laboratories, seminars / tutorial rooms, library during and after institute hours and postings.
- Misbehavior with faculty members and others staff members of the institute by the students is completely prohibited. Such misdemeanors would attract penalties as severe as expulsion and rustications.
- Willful, damage to either public or personal property in the institute by a student or a group of students is completely prohibited. Such misdemeanors would attract penalties as severe as expulsion and rustications.
- Use of loud speakers / amplifiers, mega phones is prohibited in the premises of the institute.
- No student will be allowed to park his/her vehicle inside the premises of the institute unless specifically allowed by the competent authority.
- Keep mobile phones SWITCHED OFF during class. Students will be penalized (including Dismissal from class) if their phone rings/beeps during any lecture, or if a student is found reading/responding to text messages etc., the mobile phone will be confiscated and sent to Administration for necessary action.

DRESS CODE:

- Students are expected to be well groomed and well-dressed in decent clothes; shorts and Bermuda's are not allowed.
- Acceptable footwear excludes flip-flops and slippers (chappals).

SUSPENSION POLICY:

A student may be suspended for up to six months if he / she commit(s) any of the following act(s):-

- Misbehaves or quarrels with any teacher or member of the staff.
- Is generally disobedient.
- · Spreads false rumors.
- Uses indecent or filthy language.
- · Incites other students to violence.
- Is inappropriately dressed.
- Shouts, abuses, quarrels or fight with fellow students.
- Raises slogans to hurt others, politically or religiously.
- · Interferes with the administration, including the mode or schedule of the examination.
- Indulge in any kind of political activity including displaying posters or placards within the institute.
- Remains absent continuously for more than four weeks without prior permission.

ATTENDANCE:

STUDENTS HAVING ATTENDANCE LESS THAN **75%** WILL NOT BE ALLOWED TO APPEAR IN THE EXAMINATION.

GPA System:

The grade points average (GPA) will be worked out by awarding letter grades on a scale of 4.

The overall module pass marks is 50%, but to gain the passing marks, students must achieve a minimum of 50% in each component of assessment.

Letter grades in all courses/subjects will be awarded on total absolute marks as per following distributions.

Percentage	GPA	Grade
80-100	4.0	A+
75 – 79	4.0	A
70 - 74	3.7	A-
67 - 69	3.3	$\mathbf{B}+$
63 - 66	3.0	В
60 - 62	2.7	B-
56 - 59	2.3	C+
50 - 55	2.0	С
0 - 49	0	F
Absent	0.0	Abs

ADMISSION PROCESS

- Advertisement for New Admissions
- Date for Submitting Admissions Application
- Entry Test
- Interview for BS-ASLT
- Display of Initial Merit List
- Inviting Objections to Initial Merit List
- > Interviews & Submission of Pay Order for Final Allocation of Seat
- Display of Merit List
- Fee Submission
- Admission Confirmation

NO. OF SEATS IN EACH PROGRAM

DOCTOR OF PHYSICAL THERAPY

• 75 seats

BS. In OCCUPATIONAL THERAPY

• 25 seats

BS in PROSTHETIC & ORTHOTICS

• 15 seats

BS in AUDIOLOGY & SPEECH LANGUAGE THERAPY

• 25 seats

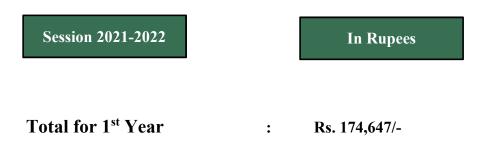
FEE STRUCTURE DETAILS

FEE STRUCTURE DETAILS (excluding Transport)

Doctor of Physical Therapy (DPT)



BS in Occupational Therapy (BSOT), BS in Prosthetics & Orthotics (BSPO), and BS in Audiology and Speech Language Therapy (BS-ASLT)



Note: Every Educational institution has to collect advance tax @5% from non-filer on the amount of fee (inclusive of tuition & all other charges received by the education institution by whatever name called, excluding the amount which is refundable) exceeding Rs. 200,000 per annum from non-filers.

LIFE AT SIPM&R

Digital Library



Reading Library



Anatomy Lab



Extra-Curricular Activities





Seminars, International & National Conferences, Workshops









Community Awareness



Community Rehabilitation









Souvenir Shop



FACULTY PROFILE

LIST OF FACULTY				
Sr.#	Employee's Name	Designation		
1	Prof. Dr. Nabila Najam Soomro	Executive Director		
2	Dr. Syed Imran Ahmed	Assistant Professor / Additional Executive Director		
3	Dr. Saeed Akhter (PT)	Assistant Professor		
4	Dr. Kashmala Khan (PT)	Assistant Professor		
5	Dr. Rabail Rani Soomro (PT)	Assistant Professor		
6	Dr. Ambreen Asghar (PT)	Assistant Professor		
7	Dr. Syed Shahzad Ali (PT)	Assistant Professor		
8	Dr. Dilshad Farheen Hasnain (PT)	Assistant Professor		
9	Dr. Binish Adeel (PT)	Assistant Professor		
10	Dr. Madiha Latif	Assistant Professor		
11	Ms. Reeta	Sr. Lecturer		
12	Mr. Iram Iqbal Shamsi	Sr. Lecturer		
13	Mr. Wakash Lal	Sr. Lecturer		
14	Mr. Fazil Azeem	Sr. Lecturer		
15	Ms. Saima M. Urs	Sr. Lecturer		
16	Mr. Umair Nawaz	Sr. Lecturer		
17	Mr. Irfan Ali Bozdar	Sr. Lecturer		
18	Mr. Farkhanda Imdad	Sr. Lecturer		
19	Ms. Farzana Ashfaq	Sr. Lecturer		
20	Ms. Nighat Tahir	Sr. Lecturer		
21	Ms. Sumaira Naz	Sr. Lecturer		
22	Ms. Asma Khalid	Sr. Lecturer		
23	Ms. Bushra Khan	Sr. Lecturer		

24	Ms. Shahla Rafique	Sr. Lecturer
25	Ms. Rizwana Waheed	Sr. Lecturer
26	Ms. Huma Ahmed	Sr. Lecturer
27	Ms.Marryam Akhtar	Sr. Lecturer
28	Mr. Kamran Yousuf Siddiqui	Manager / Sr. Lecturer
29	Mr. S. M. Mehboob Alam	Lecturer
30	Mr. Fawad Hafeez Qazi	Lecturer
31	Mr. Muhammad Rehan Mudassir	Lecturer
32	Dr. Aniqa Saleem	Lecturer
24	Dr. Misbah Batool	Lecturer
34	Dr. Nusrat Zaidi	Lecturer
35	Ms. Shankar Lal	Lecturer
36	Ms. Syed Ibne Hasan	Lecturer
37	Ms. Bilqees Jafri	Lecturer
38	Ms. Areeba	Lecturer
39	Ms. Shereen	Lecturer
40	Ms. Poonam Anil	Lecturer
41	Ms. Noor-us-Saba	Lecturer
42	Ms. Mehvish Iqbal	Lecturer
43	Ms. Amna Sheraz	Lecturer
44	Mr. Faizan Jameel	Lecturer
45	Mr. Ahmed Waqas	Lecturer
46	Ms. Marium Anwar	Lecturer
47	Mr. Ahmed Khan Pirzada	Lecturer
48	Mr. Abdul Mannan	Lecturer
49	Ms. Lubna Batool	Lecturer
50	Ms. Shahida Parveen	Lecturer
51	Ms. Soonhan Rani	Lecturer

52	Mr. Rao Muhammad Usman	Lecturer
53	Mr. Muhammad Abbas	Lecturer
54	Mr. Muhammad Waseem Khan	Lecturer
55	Mr. Mansoor Ahmed	Lecturer
56	Mr. Abdullah Cheepa	Lecturer
57	Mr. Jan Ali Soomro	Lecturer
58	Mr. Faseehullah Khan	Lecturer
59	Ms. Maria Lucky	Lecturer
60	Amber Rehman Hassan	Sr. Speech Language Therapist
61	Sharmeen Azam	Audiologist
62	Zahida Hussain	Speech Therapist
63	Saba Qaiser	Speech Therapist
64	Misbah Qadeer	Speech Therapist
65	Nisha Khawaja	Speech Therapist
66	Tooba Hussain	Speech Therapist
67	Nadia Minhas	Speech Therapist
68	Yasmin Nighat	Speech Therapist
69	Sobia Ashfaq	Speech Therapist
70	Maroof Khan	Speech Therapist
71	Asma Agha	Speech Therapist

PRESS CLIPPING



معاشرہ خصوصی افراد کولا زمی حصے کے طور پر قبول کرے، قاسم نوید بحالی کیلئے اپنی ذمہ داریاں نبھانے ،خصوصی توجہ دینے کی ضرورت ہے،معاون خصوصی کراچی (اسٹاف ریورٹر)وزیراعلیٰ سندھ کے معاون خصوصی برائے محکمہ بحالی خصوصی افراد سید قاسم نوید قمرنے کہا ہے کہ خصوصی افراد پر خصوصی توجہ دینے کی ضرورت ہے۔ یہ بات انہوں نے جعرات کے روز انٹیٹیوٹ آف فزیکل میڈیین اینڈ ری ہیلی ٹیشن ڈاؤیو نیورٹی آف ہیلتھ سائنسز میں چھٹی بین الاقوامی کانفرنس'' بحالی کے شعبے میں مواقع'' کے عنوان سے منعقدہ تقریب میں بطورمہمان خصوصی خطاب کرتے ہوئے کہی۔اس موقع پر سیکریٹری محکمہ بحالی خصوصی افراد سند ہ خالد جاچڑ بھی موجود تھے۔انہوں نے خصوصی افراد کی بحالی کے عمل میں علاج ،تگہداشت، ادویات اورتر بیت کی فراہمی میں ڈاؤیو نیورٹی کی کارکردگی کی تعریف کی ۔ سید قاسم نوید قمر نے مزید ب سے پہلے معاشر کوان خصوصی افراد کولازمی حصے کے طور پر قبول کرنا چاہئے اوران کی بحالی کے لئے اپنی ذمہ داریاں نبھانی چاہئیں۔انہوں نے کہا کہ پداطمینان کی بات ہے کہ کے شعبے میں سائنس نے بہت ترقی کی ہے اور خصوصی افراد کا علاج آ سان ہو گیا ہے۔ انہوں نے مزید کہا کہ خوش قتمتی ہے ہمارے پاس اس شعبے میں اچھی طرح ہے تربیت یافتہ ڈاکٹر اور پیرا میڈیکس موجود ہیں۔انہوں نے کہا کہ حکومت سند ہ خصوصی افراد کو صحت ،تعلیم ، پیشہ درانہ تربیت اور بحالی کی سہولیات بھی فراہم کرر ہی ہے اور امید ہے کہ ان کے لئے زندگی مزید آسان ہوجاتے -5





