



FINAL PROGRAM

➤ **GROUP DISCOUNTS**

- ✓ Conference-only registration fee: Rs. 1000/-
- ✓ Fee per workshop: Rs. 1000/-
- ✓ Enroll in 2 paid workshops and get the 3rd workshop free
- ✓ Free conference registration for those who enroll in workshops

➤ **For Registration of Workshops and Conference Contact:**

- Dr. Warda Zulqarnain 03152302075
- Dr. Mehwish Anjum 03072990879
- Mr. Muhammad Arif 03342000155 & 03213339994

➤ To register, please visit sipmr.edu.pk or scan the QR code on the conference flyer.

➤ Bank details are as follows:

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➤ For further information and updates check (www.sipmr.edu.pk) or email to pmrcon.2024@sipmr.edu.pk.

Pre-Conference Workshops

10th November, 2024 (SUNDAY)

(09:00 am – 06:00 pm)

Sindh Institute of Physical Medicine & Rehabilitation, Karachi.

Session I

| <u>Time</u> | <u>Title</u> | <u>Facilitator</u> |
|-----------------------------|---|---|
| Workshop-I: | | |
| 09:00 am to 11:00 am | Ultrasound-guided Botulinum Toxin Injection Treatment for Spasticity Management | Dr. Ahmed Zaheer Qureshi MD, MBBS, FCPS (PMR), Consultant Physical Medicine and Rehabilitation Medical Director of Stroke Rehabilitation King Fahad Medical City, Riyadh, Saudi Arabia |
| Workshop-II: | | |
| 09:00 am to 11:00 am | Pitfalls in Article Writing: What Reviewers Like to See | Dr. Nasir Mansoor Consultant Psychiatrist HOD Rehabilitation Medicine Department, CMH Peshawar |
| Workshop-III: | | |
| 09:00 am to 11:00 am | Bridging concepts: Padovan Therapy and its role in Modern Neuro-Rehabilitation | Maida Gulzar Occupational Therapist Sindh Institute of Physical Medicine and Rehabilitation Mahnoor Anwar Occupational Therapist Sindh Institute of Physical Medicine and Rehabilitation |

Session II

| Time | Title | Facilitator |
|----------------------|--|--|
| Workshop-I: | | |
| 11:30 am to 1:30 pm | How To Use ClinFIT in Rehab Services | Dr. Farees Khan Director of Rehabilitation, Consultant PM&R Royal Melbourne Hospital, Melbourne Dr. Bhasker Amatya MD, MPH, DMedSc Snr Project Manager, Department of Rehabilitation Medicine & Australian Rehabilitation Research Centre, Royal Melbourne Hospital |
| Workshop-II: | | |
| 11:30 am to 1:30 pm | Oro-facial Rehabilitation – A Comprehensive Physiotherapy Approach | Dr. Saeed Akhter (PT) Assistant Professor & HOD Physiotherapy, Department of Physiotherapy, Sindh Institute of Physical Medicine and Rehabilitation, State Registered and Chartered Physiotherapist United Kingdom |
| Workshop-III: | | |
| 11:30 am to 1:30 pm | How Sensory Integration Therapy Can Help Integrate Residual Primitive Reflexes | Denise M. Hashim Assistant Professor HOD Center for Child Development: Sindh Institute of Physical Medicine and Rehabilitation |

Session III

| <u>Time</u> | <u>Title</u> | <u>Facilitator</u> |
|---------------------------|--|--|
| Workshop-I: | | |
| 2:30 pm to 4:30 pm | Hands-on US-guided Pain Interventions (Caudal ESI, Facet joint injections, Sacroiliac joint injections, Piriformis injections Hip joint injection) | Dr. Sarah Razaq MBBS, FCPS (PMR) Gold Medalist Certified Interventional Pain Sonologist (CIPS-WIP) MSc Pain Medicine OJT Neurorehabilitation (Aus, UK) OJT MSK Ultrasound (Turkey) |
| Workshop-II: | | |
| 2:30 pm to 6:00 pm | A Crash Course on the Use of AI in Research and Manuscript Writing | Prof. Dr. Farooq Azam Rathore Head of Department, Department of Rehabilitation Medicine Combined Military Hospital, Chiltan Road, Quetta Cantonment Baluchistan, Pakistan |
| Workshop-III: | | |
| 2:30 pm to 4:30 pm | The Psychology of Virtual Relationships and the Impact of Screens on Human Relations | Dr. Madeeha Latif Assistant Professor Head of the Department of Neuropsychology Sindh Institute of Physical Medicine and Rehabilitation |
| 2:30 pm to 4:30 pm | Hands-on Training on Quadrilateral Socket in Transfemoral Amputation & Hands-on Training of Transfemoral Casting Procedure Utilizing Sit Cast Device | Mr. Muhammad Abbas Lecturer MPhil Prosthetics & Orthotics Sindh Institute of Physical Medicine and Rehabilitation Mr. Muhammad Waseem Khan Lecturer MPhil Prosthetics & Orthotics Sindh Institute of Physical Medicine and Rehabilitation |

CONFERENCE PROGRAM

11th November, 2024 (MONDAY)

(09:00 am – 06:35 pm)

Burki Auditorium, College of Physicians and Surgeons, Karachi, Pakistan.

| Time | Programs | Facilitator |
|--------------------|--------------------------------|---|
| 8:00 am to 8:59 am | Registration | |
| 9:00 am | Arrival of Guests | |
| 9:02 am | Recitation of the Holy Quran | Kashif Ahmed |
| 9:05 am | National Anthem | Children with Special Needs |
| 9:08 am | Cultural Show | Students of SIPM&R |
| 9:20 am | Welcome Address by Chairperson | PROF. DR. NABILA NAJAM Conference Chairperson Executive Director |
| 9:25 am | Keynote Session | Dr. Farees Khan Director of Rehabilitation, Consultant PM&R Royal Melbourne Hospital, Melbourne |
| 9:35 am | Honoring the Legacy | Dr. Madiha Zia Conference Secretary |
| 9:40 am | Address by Chief Guest | |

Session: I

Chair: Prof. Dr. Nabila Najam Soomro

Co-Chair: Dr. Khalil Ahmad, Prof. Dr. Iqbal H. Jafri

| | | |
|-----------------------------|--|--|
| 09:50 am to 10:05 am | Barriers in Neuro-oncology Rehab | Dr. Khaula Ashraf Consultant Physiatrist, Islamabad |
| 10:05 am to 10:20 am | From Tumor to Triumph: Personalized Low Back Pain Management for Cancer Patients | Prof. Col. Zaheer Gill MBBS, FCPS, MSC, CHPE, OJT (Turkiye) HOD Rehab Medicine, CMH LHR Medical College Lahore, Punjab, Pakistan |
| 10:20 am to 10:35 am | Rehabilitation of Cancer Patients | Dr. Azmina Tajdin Valimohd Consultant Medical Oncologist The Aga Khan University Hospital |
| 10:35 am to 10:50 am | What's New in Traumatic Brain Injury (TBI) Rehabilitation | Dr. Farees Khan Director of Rehabilitation, Consultant PM&R Royal Melbourne Hospital, Melbourne |
| 10:50 am to 11:05 am | Rebuilding Lives: A Case-Based Approach to Stroke | Dr. Alaedin El Malik MBBS, FAFRM (RACP), Rehabilitation Physician |
| 11:05 am to 11:25 am | Group Photo | |
| 11:25 am to 11:40 am | Tea Break | |

Session: II

Chair: Dr. Farees Khan

Co-Chair: Dr. Aamir Waheed Butt

| | | |
|-----------------------------|--|---|
| 11:45 am to 12:00 pm | The Neurologist's Role in Stroke Care: Evidence-Based Practices | Dr. Naila Naeem Shahbaz Professor of Neurology at Dow University of Health Sciences |
| 12:00 pm to 12:15 pm | Cardiac Pulmonary Rehabilitation in Neurological Disorders: Enhancing Outcomes for Stroke Patients | Dr. Iqbal Hussain Jafri MD, FAAPM&R, DABPM Professor of Rehab Medicine, Rutgers Robert Wood Johnson Medical School NJ, USA |
| 12:15 pm to 12:30 pm | Reclaiming Independence: A Comprehensive Approach to Stroke Rehabilitation | Dr. Ahmed Zaheer Qureshi MD, MBBS, FCPS, Consultant PMR, Medical Director of Stroke Rehabilitation King Fahad Medical City, Riyadh, Saudi Arabia |
| 12:30 pm to 12:45 pm | Updates in Spinal Cord Injury (SCI) Rehab | Dr. Khalil Ahmad Professor Brig (R) ED Smart Institute of Rehabilitation Medicine (SIRM) Ex HOD AFIRM |
| 12:45 pm to 01:00 pm | Navigating Motor Recovery in Patients with Stroke: Evidence and Latest Advances | Dr. Tawab Khalil MBBS Resident PM&R, AFIRM Rawalpindi, Pakistan |
| 01:00 pm to 01:15 pm | Neurogenic Bowel & Bladder Management | Dr. Alaedin El Malik MBBS, FAFRM (RACP), Rehabilitation Physician |
| 1:15 pm to 01:30 pm | Shields & Certificates | |
| 01:30 pm to 02:30 pm | Lunch and Prayer Break | |

Session: III

Chair: Dr. Alaedin El Malik

Co-Chair: Dr. Ahmed Zaheer Qureshi

| | | |
|-----------------------------|---|---|
| 02:30 pm to 02:45 pm | The Role of Neuropsychological Assessment in Personalized Rehabilitation Plans | Dr. Madeeha Latif Assistant Professor Head of the Department of Neuropsychology Sindh Institute of Physical Medicine and Rehabilitation |
| 02:45 pm to 03:00 pm | State of Art Multidisciplinary Autism Center | Ms. Irum Rizwan Chief Autism Consultant C-ARTS |
| 03:00 pm to 03:15 pm | Cerebral Palsy Resources: Bridging the Gap to Independence | Ms. Nighat Tahir Senior Lecturer Occupational Therapy Sindh Institute of Physical Medicine and Rehabilitation |
| 03:15 pm to 03:30 pm | Role of Orthotics in Neuromuscular Rehabilitation | Ms. Zaheda Hussain Prosthetist & Orthotist Sindh Institute of Physical Medicine and Rehabilitation |
| 3:30 pm to 3:45 pm | Diagnostic Criteria for Parkinson's Disease | Dr. Iram Iqbal Shamsi (PT) Senior Lecturer Department of Physiotherapy, Sindh Institute of Physical Medicine and Rehabilitation |
| 03:45 pm to 04:00 pm | Neuroplastic Benefits of Sensory Integration Interventions on Agenesis of Corpus Callosum (ACC) | Ms. Anum Anwer Baig Clinical Occupational Therapist Sindh Institute of Physical Medicine and Rehabilitation |
| 04:00 pm – 4:15 pm | Shields and Certificates Distribution | |

Session: IV

Chair: Prof. Dr. Nazeer Khan

Co-Chair: Prof. Dr. Farooq Azam Rathore

04:15 pm to 06:15 pm

Scientific Session
(Oral and Poster Presentations)

06:15 pm – 6:30 pm

Shields and Certificate Distribution

06:30 pm – 06:35 pm

Vote of Thanks by Prof. Dr. Syed Imran Ahmed

Post-Conference Workshops

12th November, 2024 (TUESDAY)

(09:00 am – 3:00 pm)

Sindh Institute of Physical Medicine & Rehabilitation, Karachi.

| <u>Time</u> | <u>Title</u> | <u>Facilitator</u> |
|---------------------------------|---|---|
| Workshop-I: | | |
| 9:00 am to 11:00 am | Brachialgia - From Diagnosis to Cure, an Evidence-Based Approach by a Physiatrist | Dr. Brig. Aamir Waheed Butt FCPS (PM&R) Consultant Physiatrist Dr. Khalil Ahmad Professor Brig (R) ED Smart Institute of Rehabilitation Medicine (SIRM) Ex HOD AFIRM |
| Workshop-II: | | |
| 11:00 am to 01:00 pm | Half-day Research in Rehab Training | Dr. Bhasker Amatya MD, MPH, DMedSc Snr Project Manager, Department of Rehabilitation Medicine & Australian Rehabilitation Research Centre, Royal Melbourne Hospital Dr. Alaedin El Malik MBBS, FAFRM (RACP), Rehabilitation Physician |
| Workshop-III: | | |
| 11:00 am to 01:00 pm | Achieving Optimal Balance and Posture- A Comprehensive Clinical Guide | Mr. Waqar Ahmed Siddiqui Prosthetist & Orthotist BS Prosthetics & Orthotics CAT-I Sipm&r Ms. Urooj Muzammil Prosthetist & Orthotist MPhil Prosthetics & Orthotics Sindh Institute of Physical Medicine and Rehabilitation |
| Workshop-IV: | | |
| 01:00 pm to 03:00 pm | Rehabilitation of Fracture Injuries | Dr. Alaedin El Malik MBBS, FAFRM (RACP), Rehabilitation Physician |

CONFERENCE COMMITTEES

Patron in Chief:

Dr. S.R.A Kirmani

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Co-Chairperson:

Prof. Dr. Syed Imran Ahmed

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